

# Free Oral Health Program for Your Pre-K - 2 Students!



## Oral Health Stats

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Tooth decay is the most common childhood disease

56%

of children have tooth decay

51 million

missed school hours due to dental problems

## About the Program

**CATCH Healthy Smiles** is a program for grades Pre-K - 2 that is designed to improve the oral health of students by teaching and encouraging proper toothbrushing and flossing techniques, tooth-healthy foods and drinks, and regular visits to the dentist. Your students will learn about the major factors that cause tooth decay through fun activities and characters, and develop skills needed to maintain a healthy smile and well-being.

## What's Available to You?

**K-2**

Five classroom sessions for grades K-2 with PowerPoint presentations

40+ standards-aligned extension activities

Companion Physical Education lessons

Asynchronous teacher training course

Parent videos, fact sheets, infographics and at-home activities in English and Spanish

**Pre-K**

Eight carpet time sessions for Pre-K

## COST IS FREE

to schools in the U.S. thanks to the generous support from the Delta Dental Community Care Foundation.



**CATCH Healthy Smiles** CATCH Healthy Smiles was developed by UTHealth Houston School of Public Health with support from the National Institutes of Health (NIH).



Want to learn more?



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